

**Mona C. Kumar, Ph.D.**  
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## EDUCATION

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**CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY-LOS ANGELES**  
Ph.D. in Clinical Psychology, 2002

**SAINT MARY'S UNIVERSITY-HALIFAX, NOVA SCOTIA, CANADA**  
Master of Science in Clinical Psychology, 1997

**DALHOUSIE UNIVERSITY-HALIFAX, NOVA SCOTIA, CANADA**  
Bachelor of Science in Psychology, 1994

## ADDITIONAL TRAINING

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**PSYCHOANALYTIC CENTER OF CALIFORNIA**  
Psychoanalytic Psychotherapy Training Program, 2018-19

**INSTITUTE OF CONTEMPORARY PSYCHOANALYSIS**  
Psychoanalytic Psychotherapy Training Program, 2006-08

## PROFESSIONAL EXPERIENCE

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**PRIVATE PRACTICE**  
Pasadena, CA

Position: LICENSED PSYCHOLOGIST (License Number PSY 19596)  
*June 2004 – Present*

- Provide individual and couples therapy to adults
- Obtain clinical histories and formulate understanding of client dynamics
- Refer and consult with other mental health care professionals
- Assess and respond to crises as needed

*Hours: Variable*

**ROSE CITY COUNSELING CENTER**  
Pasadena, CA

Position: PRIMARY SUPERVISOR  
*October 2018 – Present*

- Provide weekly supervision to post-doctoral trainees
- Help students conceptualize client data and develop treatment plans
- Increase students' self-awareness as it pertains to treatment approach
- Be available for off-hours consultation as needed

**PASADENA MENTAL HEALTH CENTER**

Pasadena, CA

Position: PRIMARY SUPERVISOR

*June 2004 – 2008*

- Provide weekly supervision to pre-doctoral practicum students
- Help students conceptualize client data and develop treatment plans
- Increase students' self-awareness as it pertains to treatment approach
- Be available for off-hours consultation as needed

*Hours: Variable*

**PACIFIC CLINICS**

CalWORKs Family Services Center

Pasadena, CA

Position: LICENSED PSYCHOLOGIST

*November 2002 – February 2005*

- Provided clinical services to adults with mental health barriers to employment
- Completed intake assessments and developed treatment plans
- Conducted individual and group therapy
- Performed crisis intervention and participated in outreach activities
- Supervised prelicensed psychologists

*Supervisors: Joseph Ho, Ph.D., & Raquel Pizano-Hazama, LCSW*

*Hours: 37.5 hours per week*

**SAN BERNARDINO COUNTY - APA Accredited Internship**

Department of Behavioral Health

Mesa Clinic, Rialto, CA

Position: PSYCHOLOGY INTERN

*July 2001 – June 2002*

- Provided individual, family, and group therapy to outpatient and day treatment clients
- Completed intake assessments and developed treatment plans
- Coordinated multidisciplinary care and delivered case management services
- Supervised predoctoral psychology graduate students
- Administered psychological tests and prepared diagnostic reports
- Conducted department-based research

*Supervisors: Carol Michelson, Ph.D., & Glenn Heinrichs, Ph.D.*

*Hours: 40 hours per week, 1900 hours total*

**SAINT FRANCIS MEDICAL CENTER**

Children's Counseling Center

Lynwood, CA

Position: PSYCHOLOGY INTERN

*September 2000 – June 2001*

- Provided child and family therapy and co-facilitated groups

- Conducted intake assessments and completed DMH paperwork
- Collaborated with other health care professionals involved in client treatment
- Assessed for child abuse and reported as needed
- Attended weekly supervision and training inservices

*Supervisor: Rigoverto Briceño, Ph.D.*

*Hours: 20 hours per week, 820 hours total*

## **UNIVERSITY OF CALIFORNIA, IRVINE**

Counseling Center

Irvine, CA

Position: FIELD PLACEMENT STUDENT

*October 1999 – June 2000*

- Provided brief and long term therapy for university students
- Conducted intake interviews and prepared disposition reports
- Participated in campus outreach programs
- Attended weekly individual and group supervision

*Supervisor: Charlene Korsgaard, Ph.D.*

*Hours: 16 hours per week, 600 hours total*

## **PLAZA COMMUNITY CENTER**

Los Angeles, CA

Position: PROGRAM DEVELOPMENT CONSULTANT

*September 1999 - April 2000*

- Assessed service needs of community mental health center
- Collected relevant data and resource material
- Co-developed Life Skills Curriculum for Women
- Presented final product to board members

*Supervisor: Anna Bustamante, Ph.D.*

*Hours: 3 hours per week, 96 hours total*

## **CALIFORNIA STATE POLYTECHNIC UNIVERSITY**

Disabled Students Services

Pomona, CA

Position: PSYCHOLOGY CLERK

*September 1998 - June 1999*

- Assessed for learning disabilities and ADHD in undergraduate students
- Conducted intake interviews
- Administered cognitive and neuropsychological tests
- Prepared reports and made recommendations for services
- Attended weekly individual and group supervision

*Supervisor: Micki Bryant, Ph.D.*

*Hours: 9 hours per week, 330 hours total*

**QUEEN ELIZABETH HOSPITAL & HEALTH SCIENCES CENTRE**

Department of Psychology  
Halifax, Nova Scotia

Position: PSYCHOMETRIST

*November 1996-August 1997*

- Assessed for neurodegenerative disorders in geriatric population
- Conducted patient interviews & administered neuropsychological batteries
- Collected neuropsychological data for Canadian Study of Health and Aging
- Scored test data and provided behavioral observations

*Supervisor: John Fisk, Ph.D.*

*Hours: 15 to 37.5 hours per week, 900 hours total*

**BRAIN INJURY ASSOCIATION OF NOVA SCOTIA**

Memory Book Program  
Halifax, Nova Scotia

Position: INSTRUCTOR AND PROGRAM DEVELOPER

*November 1996-August 1997*

- Prepared and delivered Memory Book Program classes for survivors of brain injury
- Designed and developed Instructors' training course
- Conducted neuropsychological assessment with brain injury survivors
- Provided rehabilitation services
- Provided education regarding brain injury and related deficits

*Supervisor: Ms. Barbara Hart*

*Hours: 20 hours per week, 500 hours total*

**DALHOUSIE UNIVERSITY**

Counseling and Psychological Services  
Halifax, Nova Scotia

Position: PRACTICUM STUDENT

*May 1995-April 1996*

- Provided individual treatment for undergraduate and graduate students
- Delivered personal and academic counseling
- Co-facilitated couples' group
- Attended weekly supervision and trainings

*Supervisor: David Mensink, Ph.D.*

*Hours: 16 hours per week, 600 hours total*

## RELEVANT VOLUNTEER EXPERIENCE

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### **NOVA SCOTIA HELP LINE**

Halifax, Nova Scotia

Position: COUNSELOR

*October 1994-August 1996*

- Provided telephone counseling services
- Participated in crisis management
- Offered referral sources and facilitated liaison with community services
- Maintained records and assisted with statistical inventory

*Supervisor: Ms. Susan LaCroix*

*Hours: 4 hours per week, 200 hours total*

## RESEARCH EXPERIENCE

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### **CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY**

Los Angeles, California

Position: RESEARCH ASSISTANT

*October 1997- June 2001*

- Investigated moral reasoning in boys with ADHD
- Examined affective and cognitive factors in participants' responses to moral dilemmas
- Developed qualitative coding system
- Trained students in application of coding system

*Supervisor: Tracy Heller, Ph.D.*

*Hours: 4 to 8 hours per week, 500 hours total*

### **QUEEN ELIZABETH HOSPITAL & HEALTH SCIENCES CENTRE**

Department of Psychology

Halifax, Nova Scotia

Position: RESEARCH ASSISTANT

*July 1999-September 1999*

- Edited and formatted clinical assessment monograph for publication
- Conducted statistical analysis of clinical geriatric data
- Created annotated bibliography of post-stroke literature
- Revised Alzheimer's treatment grant proposal
- Entered chronic pain patient information into database

*Supervisor: Murray Schwartz, Ph.D.*

*Hours: 40 hours per week, 200 hours total*

**SAINT MARY'S UNIVERSITY**  
Department of Psychology  
Halifax, Nova Scotia

Position: RESEARCH ASSISTANT

*July 1994-September 1994*

- Investigated navigational memory strategies
- Conducted interviews with retired hunters
- Administered and scored questionnaires
- Examined recall vs. recognition memory ability

*Supervisor: Kenneth Hill, Ph.D.*

*Hours: 10 hours per week, 120 hours total*

**DALHOUSIE UNIVERSITY**  
Department of Psychology  
Halifax, Nova Scotia

Position: RESEARCH ASSISTANT

*September 1992-August 1994*

- Studied relationship between mood and social cognition
- Recruited and contacted participants
- Induced transient mood states using personal narrative procedure
- Measured social information processing and use of stereotypes

*Supervisor: Michael Sullivan, Ph.D.*

*Hours: 4 hours per week, 300 hours total*

## TEACHING EXPERIENCE

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**SAINT MARY'S UNIVERSITY**  
Department of Psychology  
Halifax, Nova Scotia

Position: TEACHING ASSISTANT

*July 1994-April 1996*

- Assisted in instruction of Childhood Psychopathology
- Proctored tests and exams
- Marked and evaluated written assignments

*Supervisor: Kenneth Hill, Ph.D.*

*Hours: 4 hours per week, 250 hours total*

**DALHOUSIE UNIVERSITY**  
Department of Psychology  
Halifax, Nova Scotia

Position: TEACHING ASSISTANT  
*September 1993-May 1994*  
- Assisted student teachers of Introductory Psychology  
- Completed administrative functions

*Supervisor: William Hoenig, Ph.D.*  
*Hours: 6 hours per week, 200 hours total*

**DALHOUSIE UNIVERSITY**  
Department of Psychology  
Halifax, Nova Scotia

Position: STUDENT TEACHER  
*September 1992-May 1993*  
- Provided individual instruction for Introductory Psychology  
- Prepared answers to exam questions  
- Marked and evaluated written exams

*Supervisor: William Hoenig, Ph.D.*  
*Hours: 6 hours per week, 200 hours total*

## SCHOLARSHIPS & AWARDS

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**CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY-LOS ANGELES**  
CSPP International Student Scholarship, *1998-2002*

**SAINT MARY'S UNIVERSITY-HALIFAX, NOVA SCOTIA, CANADA**  
Saint Mary's Graduate Scholarship, *1994-1997*

**DALHOUSIE UNIVERSITY-HALIFAX, NOVA SCOTIA, CANADA**  
Graduated with First Class Honors, *1994*  
Dalhousie University Academic Scholarship, *1993-1994*  
Dean's List, *1992-1993*

## PRESENTATIONS & THESES

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### **CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY, LOS ANGELES**

Doctoral dissertation: The Role of Empathy and Forethought in ADHD Boys' Responses to Moral Dilemmas, 2002

### **SAINT MARY'S UNIVERSITY-HALIFAX, NOVA SCOTIA, CANADA**

Master's thesis: The Relationship between Early Maltreatment, Later Attachment, and Self-Esteem in Older Child Adoptees, 1997

### **DALHOUSIE UNIVERSITY-HALIFAX, NOVA SCOTIA, CANADA**

Sullivan, M., DeLosier, A., Hurst, M., & Kumar, M. (1994, August). Induced Mood and Selective Processing of Stimulus Information. Paper presented at convention of the American Psychological Association, Los Angeles, CA.

### **DALHOUSIE UNIVERSITY-HALIFAX, NOVA SCOTIA, CANADA**

Honors thesis: Eating Behavior in Dieters and Non-Dieters under Conditions of Cognitive Load, 1994

## PROFESSIONAL & STUDENT AFFILIATIONS

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### **SAN GABRIEL VALLEY PSYCHOLOGICAL ASSOCIATION**

Member, 2004-present  
Executive Committee, 2005- present

### **LOS ANGELES COUNTY PSYCHOLOGICAL ASSOCIATION**

Member, 2002-present  
Board of Directors, 2005- present

### **CALIFORNIA PSYCHOLOGICAL ASSOCIATION**

Member, 1999-2001

### **CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY-LOS ANGELES**

Member of Student Senate, 1998-2001

### **SAINT MARY'S UNIVERSITY-HALIFAX, NOVA SCOTIA, CANADA**

Member of Saint Mary's Graduate Advisory Committee, 1994-1997

### **DALHOUSIE UNIVERSITY-HALIFAX, NOVA SCOTIA, CANADA**

Member of Dalhousie Association of Psychology Students, 1991-1994